

**BEHAVIOUR INFORMATION AND PERSONALIZED SUPPORT IS AVAILABLE**



**DO YOU HAVE A QUESTION ABOUT:**

**BEHAVIOUR CHALLENGES**

SEPARATION ISSUES, AGGRESSION, TEMPER TANTRUMS, CLINGY/ANXIOUS BEHAVIOURS, SIBLING RIVALRY OR ANY OTHER CHALLENGING BEHAVIOURS

**RELATIONSHIP ISSUES**

YOUR RELATIONSHIP OR YOUR CHILD'S RELATIONSHIP WITH OTHERS.

**SLEEPING PROBLEMS**

ESTABLISHING BEDTIME ROUTINES, SLEEPING THROUGH THE NIGHT, SELF SOOTHING, ELIMINATING THE BEDTIME BOTTLE, SOOTHER

**EATING BEHAVIOURS**

FOOD REFUSAL, MEALTIME CHALLENGES, INDEPENDENT EATING

*OUR EARLY YEARS SPECIALIST has an educational background in infant and preschool development and behaviour plus years of experience working with families with young children*

**For an individual 45 minute confidential appointment sign up at Reception at Our Place Family Resource and Early Years Centre or by phone at 519 571-1626.**

**Times available every other Tuesday morning between 9 am to 12pm**