

EarlyON | St. Francis October 2018

Drop in - Stay, Play and Explore with us!

EarlyON | St. Francis is operated by Our Place Family Resource and Early Years Centre

We are located at 154 Gatewood Road, Kitchener; Section B – Enter off Blueridge Ave. (from Queen Str.) We can be reached by calling 519-571-1626 or by email ourplace@ourplacekw.ca

EarlyON Child and Family Centres offer free, drop-in programs for children, parents and caregivers in a friendly environment that fosters children's learning and development, provides support to parents and caregivers, and connects families to community services. Our drop-in learning environment is available anytime our centre is open. We provide a variety of developmentally appropriate fun, and interactive learning opportunities for you and your child to explore together. Build connections with others while exploring play based learning with your child and other families. Have a question? Looking for a resource? Ask one of our EarlyON facilitators for support, information or resources.

Come visit us today!!

Calendar revised Oct. 4

DROP IN ANYTIME

Drop In – Stay, Play and Explore for Children, Parents and other caring adults

Monday 9:00 – 4:00 pm	Tuesday 9:00 – 4:00 pm	Wednesday 9:00 – 7:00 pm	Thursday 9:00 – 4:00 pm	Friday 9:00 – 3:00 pm	Saturday 9:30 – 12:00 pm
Drop In - SPE 9 am - 4 pm	Drop In - SPE 9am - 4 pm	Drop In - SPE 9 am - 7 pm	Drop In - SPE 9 am - 4 pm	Drop In - SPE 9 am - 3 pm	Drop In - SPE 9:30am-12:00pm
Music & Movement 11:30 – 12:00pm	Music & Movement 11:30 – 12:00pm	Drop in Sensory Play 9:00am – 7:00pm	Music & Movement 11:30 – 12:00pm *not Oct.11 th	Apprendre ensemble! 9:00 – 11:30 am	Dads & Kids Play 9:30 – 11:00am Oct. 13 th only
Baby & Me Discovery 1:00 – 2:30pm *not Oct. 8 th		One is Fun 9:00 – 11:30am And 5:00 – 7:00pm	Intergenerational Storytime 11:30 -12:00pm Oct. 11 th only	Baby and Me 10:45 – 11:45am	Parent Chat 9:30 – 11:30am Oct. 13 & 27 only
		Music & Movement 11:30 – 12:00pm 6:30 – 7:00 pm		One is Fun 9:00 – 11:30am	Music & Movement 11:30 – 12:00pm
		Artistic Infants 1:00 – 1:45 and 2:00 – 2:45pm		Music & Movement 11:30 – 12:00pm	
		Baby and Me 1:00 – 1:45 and 2:00 – 2:45pm			
		Baby and Me Breastfeeding 1:30 – 2:30pm			



Registered Programs

**To register for these programs below – please speak to one of our EarlyON staff **

During Your Pregnancy	Parent and Child	
Me Breastfeed? Workshop Wed. November 7 at 6:15 pm – 8:30 pm Register by phone 519-571-1626 Preparing for Parenthood Wednesday Evenings at 6:30 pm – 8:00 pm September 19 – October 17 Register online at www.earlyyearsinfo.ca Growing Healthy Together Tuesdays Sept. 11 – Oct. 30 at 1:00 pm – 2:30 pm Drop in OR Register by phone with Region of Waterloo Public Health 519-575-4400	Community of Learning Wednesdays October 31 – December 5 Time: 1:00 – 2:30 pm Families Connecting Wednesdays Time: 9:30 am – 11:00 am Oct. 3 – Oct. 31 Monthly sessions Fit for Life Mondays Oct. 1 – October 29 (not Oct. 8th) Time: 1:00pm – 2:30pm Monthly sessions	
Pregnancy and Postpartum		
Stork Secrets - Peer Support program for Pregnant and Postpartum Mothers with infants under 2 years adjusting to changes and challenges of parenthood. This program is offered at a variety of sites in the community on different days of the week. For more info call 519-571-1626 ext. 25 or you can	For Families New to Canada Multicultural Parents Learning Together Tuesdays 1:00 pm – 2:30 pm September 11 – December 18	
register online at www.earlyyearsinfo.ca Together with Your Baby	Parenting in a New Society Wednesdays 9:30 am – 11:15 am Sept. 12 – October 31	
Infant Massage (birth – 12 months) Wednesdays 10:00am–11:00am Oct. 17 – Nov. 14 OR Fridays 9:15 – 10:15 am Oct.12 – Nov. 2	Transition to Kindergarten for Newcomers Thursdays 9:30 am – 11:00 am October 4 – October 25	
Sleep and Your New Baby (birth – 12 weeks) Wednesdays 5:30 pm – 7:00 pm Oct. 10 & Oct. 24 OR Saturday 10:00 am – 11:30 am Oct. 20	Cooking and Conversation Thursdays Sept. 13 – Nov. 29 Time: 1:00 pm – 2:30 pm Contact Rahma @ 519-579-9622 ext. 227 or by email relmi@ckwymca.ca to register	
Make the Connection Birth – 1 year (\$15 cost) Thursdays Oct. 18 – Nov. 29 Time 1:30 pm – 3:00 pm Make the Connection 1-2 years (\$15 cost) Thursdays Oct. 11 – Nov. 29 Time 9:30 am – 11:00 am	** For any programs with a cost – this cost is to cover program materials. Fee Assistance is available**	

OUR PLACE is committed to ensuring that upon request we will provide any document in an accessible format and communication supports can be provided if requested.

All of our AODA (Accessibility for Ontarians with Disabilities Act) Policies and Procedures are posted on our website and are also available in accessible formats if requested. If you would like to make a request, please contact us at ourplace@ourplacekw.ca



Offsite Programs						
EarlyON Drop in – Stay, Play and Explore:						
Centreville Chicopee C.C.	141 Morgan Ave, Kit.	Thursdays 9:15am - 11:15am				
Chandler Mowat C.C.	222 Chandler Drive, Kit.	Tuesdays 9:00am - 11:00am				
Kitchener Market	300 King Street East, Kit.	Fridays (cancelled Oct. 5 & 12)				
		9:30am -10:00am Music & Movement				
		10:00am-11:00am Drop in - SP&E				
Queen Elizabeth Public School	191 Hoffman Street, Kit.	Tuesdays 9:00am - 11:30am				
Victoria Hills Community Centre	10 Chopin Drive, Kit.	Tuesdays 9:30am - 11:30am				
Baby Connections at Stanley Park C. C.	505 Franklin Street N. Kit.	Tuesdays 1:30pm - 2:30pm				
		October 9 – October 30				
Baby Connections at Victoria Hills C.C.	10 Chopin Drive, Kit.	Tuesdays 1:30pm - 2:30pm				
		October 9 – October 30				
Baby Connections at Centreville	141 Morgan Ave, Kit.	Thursdays 1:00pm - 2:00pm				
Chicopee C.C.		October 11 – November 1				
***Baby Connection programs are registered through the City Of Kitchener ActiveNET						

Connections and Referrals						
KidsAbility Preschool Speech and Language Support	Wed. Oct. 17 & Oct. 31 Appointments Available 9:30 am – 11:30 am A Speech Language Pathologist from KidsAbility will offer Speech and Language Support for children, parents, and caregivers.					
Waterloo Region Family Network Resource Coach (WFRN)	Wednesday Oct. 24 Resource Coach onsite from 10:00 am – 11:00 am This service focuses on supporting all families impacted by special needs; with or without a diagnosis and regardless of age. Erin is available to connect with families to provide support for their unique needs and help with navigating community resources in order to make informed decisions. Drop in service, no appointment required.					
Vision Clinics with University of Waterloo – School of Optometry & Science	Thurs. Oct. 25; Appointments Available: 9:30 am – 2:30 pm This Service will provide a partial vision exam or a full vision exam - if parents do not have an existing family optometrist. OHIP will cover both exams - please provide OHIP numbers when booking the appointment. Vision Clinics can be provided for children with no OHIP coverage i.e. refugee children or new immigrant.					
Zero2six Children's Mental Health Consultation	able: 9:15 am - 12:15 pm sk of developing social, We can help. We offer a one- cus of the consultation can nt, behavioural challenges					
*** For Services liste	d above - Please call 519-571-1626 *Drop in Support	also available if time permits*				
KW Parents of Multiple Births Association (POMBA) Drop In Play	Parents of Multiple Births Association meet monthly to socialize, celebrate and strategize with other parents of multiple births. This program focuses on families with multiples up to 3 years of age.	Saturday Oct. 13 Time: 9:45am – 11:45am For information contact twintrospectives@gmail.com				
Preemie Parent of Waterloo Region Drop In Play	Join parents of children born prematurely, talk openly about your questions and concerns amongst a group who understands. Bring your children along for interaction with other preemies at different stages.	Saturday Oct. 20 Time: 9:45am – 11:45am For information email preemiepowwr@gmail.com				
Mother Connection	This program is for mothers of children with Down Syndrome. The workshop facilitator will provide information, support, and resources to the group.	Wednesdays Sept.12 – Dec.19 9:30am - 11:15am For information contact Stacey Beattie stacey.bartley@yahoo.ca				

Family Outreach Program

A Family Outreach Worker can assist you in connecting with services you and your family may need. The Family Outreach Program is operated by House of Friendship.

Program Hours Available: Mondays, Tuesdays, and Wednesdays 9-4 pm Fridays 9-3 pm

*Call Mehdiya 519-498-7492 for appointment

Other information:

Planned Closures Our site will be closed: Sat. Oct. 6 and Mon. Oct. 8 for Thanksgiving Holiday; and Friday

Oct. 12 at noon.

Unplanned Closures Health and Wellness

For unscheduled closures please check our Facebook page, website, 570 news or call us at 519-571-1626 ext. star29 (*29) for times when we need to close unexpectedly. Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack to share together.

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the EarlyON Child and Family Centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. Many babies and very young children attend the EarlyON Child and Family Centres and these children play and learn by mouthing objects. If you or your child show signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

We strive to be Scent-free, Nut-free And Sesame-free. Many people attending our programs have severe allergies. Help keep them safe.

Programming Outdoors

Programming can be held out in the Outdoor Learning Area

Footwear For safety reasons - we recommend dry, indoor footwear.

Stroller **Parking**

Stroller Parking is located by the gym. We ask that you leave your stroller there.

Tours Tours are available. Call the front desk for more information @ 519-571-1626.

Connect with EarlyON programs in Waterloo Region on Social Media:

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. Ask questions, share your experiences and receive up to date information about programs and resources for your family.



@EarlyONWR



@EarlyONWR

Connect with us:

Our Place Family Resource and Early Years Centre

154 Gatewood Road, Kitchener N2M 4E4;

ENTRANCE B (Parking lot access off Blueridge Ave. & Queen Str.)

Telephone: (519) 571-1626

www.ourplacekw.ca and www.earlyyearsinfo.ca







